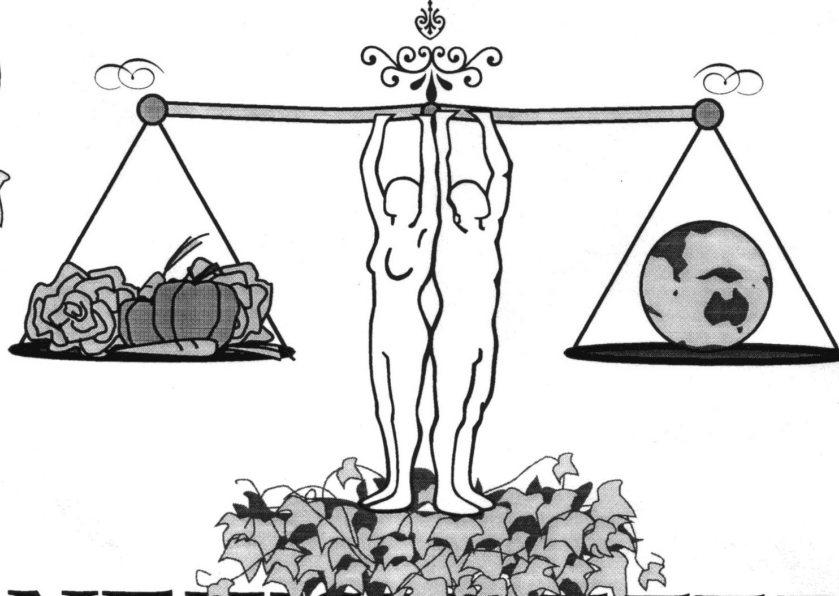


GOLD COAST ORGANIC GROWERS Inc.

Established 1999



NEWSLETTER

Volume 15 JANUARY 2012 Issue 1

Pg2	Club Information	11	Why Are MYCORRHIZAL FUNGI Useful, Giant Zucchini
3	Notice Board		
4	Presidents & Editors Message	12-14	Interview - Getting to Know Cathie Hodge
5	Events and Workshops	15	Good Gardens with Less Water
6-7	Club Outing	16-17	An Evening with Justin Sharman-Selvidge, on Easy-to-Grow Tropical Vegetables
8	Tip for Summer Gardening	18	Super Food Smoothies, Crocking
9	Sweet Potatoes	19	What to Plant
10	How to Increase the Water Infiltration Rate of your Soil		

OUR NEXT MEETING: Thursday 16 February

THE AIMS OF G.C.O.G. Inc.

1. To promote organic sustainable food raising for home gardens and farms.
2. To foster research into improved methods of organic farming and gardening.
3. To provide information and support to all those interested in the various aspects of organic growing.

Meetings Held: 3rd Thursday of the Month

The Meeting Place, Cnr Guineas Creek Rd. and Coolgardie St, Elanora.

Doors open 7.00 pm; Begin at **7.30 pm** Entry is \$1 members, \$3 visitors.

(No meeting in December)

Annual Membership Fees:

Single: \$20. Family: \$30.

To renew or start memberships please send cheques (payable to GCOG) to Diane Kelly - or just pay at the door.

Seed Bank: \$2.00 ea.

Members Market Corner: Please bring plants, books and produce you wish to sell.

Raffle Table: This relies on the kind generosity of members to donate items on the night. Tickets - \$1ea or 3 for \$2

Library: Books 50c, Videos, DVDs \$2, Soil Test Kit \$2. Available to members for 1 month.

Advertising: **1/4 page:** \$10 an issue, or \$100 for 11 issues (1 year), **1/2 page:** \$20 an issue or \$200 per year, **full page:** \$30 an issue or \$300 per year.

Newsletter: contributions welcome by post or email (preferred). Please send to Dorothy at webprint@onthenet.com.au
Please put [GCOG] in email 'subject' box.

2012 Committee

<i>President</i>	Maria Roberson (07) 5598 6609
<i>Vice President</i>	Lise Racine (07) 5533 9505
<i>Treasurer</i>	Diane Kelly (07) 5522 7444
<i>Secretary</i>	Karen Hart (07) 55277484
<i>Membership</i> <i>Membership Asst</i>	Diane Kelly Jill Barber
<i>Newsletter Editor</i> <i>Newsletter</i> <i>Assistant</i>	Dorothy Coe webprint@onthenet.com.au Diane Kelly
<i>Website Editor</i> <i>Website Assistant</i>	Dorothy Coe webprint@onthenet.com.au
<i>Advertising</i>	Ross Davis (07) 5599 7576 Dorothy Coe webprint@onthenet.com.au
<i>Guest Speaker</i>	Jill Barber (07) 5534 4753
<i>Trip Co-ordinator</i>	Justin Sharman-Selvidge (07) 5539 3973
<i>Librarian</i> <i>Library Assistants</i>	Heather Ryan (07) 5534 4047 Pauline Behrendorff & Greg Wiltshire
<i>Seed Bank</i> <i>Seed Assistant</i>	Peter Seymour-Smith (07) 55965678 Scott Godfredson
<i>Supper</i> <i>Co-ordinator</i>	Jenny Davis (07) 5599 7576

--



Notice Board

Membership Renewals

Overdue:

January

February

Guest Speakers

Feb
March

April

Club Trips

29th Jan -

Newsletter Theme

Jan:
Feb

Website:

Facebook:



HERB FARM

Opening times

Phone: (07) 5530 3253
www.herbcottage.com.au



HINTERLAND CHOICE MEATS

Ph/Fax: (07) 5578 2322

Presidents Message

**deal specifically with the present or
upcoming growing seasons
emphasis on local information
and personal experiences**

Editors Message

**January "Hot
Weather Coping Strategies"
February "Autumn"**

newsletter

theme

Miami Organic Farmers Market

Where:

When:

Telephone:

**Sustainable Gardening Workshops
Composting and Worm Farming**

Saturday
10am and 12pm

21 January

18 February

17 March

Edible gardening workshops

Community Gardens

**Active & Healthy Program - Community
gardening workshops calendar**

Time: Saturday 2pm to 3pm

11 February

10 March

**Prostate Awareness
Twin Towns & Tweed Coast**

Herbal Skin Care

*Ecologically sound,
hand-made on the farm*

The Herbal Gardener

*Herbal products artisan created
with finesse and passion.*

www.theherbalgardener.com.au

***Gold Coast Organic Growers
Club Outing***

9.30am on 29th January 2012

When:

Time: 9 30am

(please bring a plate to share)

10.00am

**Address: 300 Monaro Rd, Mudgeeraba.
Ph 5525 1688.**

Australian flag



**Update on Garden Party
by Peter and Patricia - Jan 2012**



If it doesn't rain - it pours!

Contd. over....

..... contd.

**Tip for Summer Gardening
from Elizabeth Dolan**

Growing Okra

Pickled Okra

SWEET POTATOES



**How to Increase the Water
Infiltration Rate of your Soil**
From Diane Kelly

•

—

—

•

—

—

•

—

—

•

*Source: Good Gardens with Less Water – A
CSIRO Publishing gardening guide*

**WHY ARE MYCORRHIZAL
FUNGI USEFUL?**

GIANT ZUCCHINI
By Dorothy Coe

•

WHAT THE ?



Photo of Caitlyn and Sahara Jones (Debbie's kids)

•

•

•

•

•

Source: Kevin Handreck, CSIRO Gardening Guide





**Getting to Know
Cathie Hodge**

Interview by Diane Kelly

1. **How would you describe your property
– aspect, soil type, vegetation, water
supply and primary wind direction?**



The water chestnut bath

2. **How long have you lived there, and
what was the property like when you
moved in?**

**How would you describe your garden-
ing style – cottage, formal, mixed - or
based on the style already existing?**

- **Interviewers note:**

•

What is your main interest in gardening? Flowers, fruit trees, trees & shrubs or veggies?

What other interests do you have on the property – chooks, bees, other birds, frogs, worm farm etc?

7. **The newsletter this month is focusing on summer gardening, with a particular emphasis on water-wise maintenance. What types of compost and mulch have you used in your garden?**



Hen and chickens in the "chook tractor"

What is your favourite plant?

- **Interviewer's note:**

Interviewer's note:



Interview Contd.....

What has been your worst gardening moment?

- **Interviewer's note:**

You have described your garden as a "work in progress". What plans do you have for your property?

What has been your best gardening moment?

What do you feel you have learnt from gardening, and what do you enjoy about being part of the GCOG?

- **Interviewer's notes:**

Where did your interest in gardening start – were your family gardeners, and do you have childhood memories of vegie patches, fruit trees, chooks or flower gardens?

-
-

What do you like cooking the most from your garden?

-

-

GARDENS ARE PART OF THE CURE:

Good Gardens with Less Water
From Diane Kelly

CAUSES OF WATER SHORTAGES:

CONCLUSION:

*Source: Good Gardens with Less Water – A CSIRO
Publishing gardening guide*

**An Evening with Justin Sharman-
Selvidge, on *Easy-to-Grow
Tropical Vegetables***

By Jill Barber







**Super Food Smoothies
From Patti Barton**

-
-
-

Chocolate Milk

Source: www.michellerichmond.com.au

(Cashews are good for depression, Walnuts for the brain and Almonds for sustainable energy)

CROCKING

For those of us with pot-plants lining our verandas...

Blend with:

-
-
-

-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-
-

Source: *Good Gardens with Less Water – A CSIRO Publishing gardening guide*



VEGETABLES

JANUARY

FEBRUARY
Annual

FEBRUARY

Perennials & Bi-Annals –

HERBS

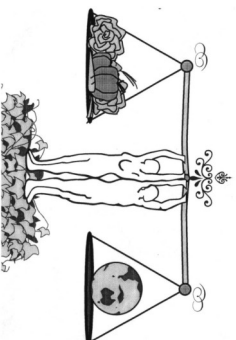
JANUARY
Annual

Perennials & Bi-Annals –

Whilst every effort is made to publish accurate information the association (including Editor, Executive Officers and the Committee) accepts no responsibility for statements made or opinions expressed in this newsletter.

GCOG, PO Box 210, Mudgeeraba Q 4213

*GOLD COAST ORGANIC
GROWERS Inc.*



NEWSLETTER

Meetings held:

Meeting place:

**Next meeting:
Thursday 16 February 2012**